

TEN WAYS TO KEEP YOUR CAT HEALTHY

1. **Have Your Cat Spayed or Neutered** – Doing this will decrease pet overpopulation while helping your pet stay healthy. It can also help make your cat better behaved and much less likely to mark its territory by spraying.
2. **Vaccinate** – Take your friend to the vet once a year to have an examination and vaccinations. Vaccines guard against the most common cat diseases and law requires the rabies vaccination. Many illnesses come on very gradually and are hard to detect without the help of your veterinarian.
3. **Keep Your Cat Indoors** – This is the only way to protect your cat from other animals, cars, and many other dangers.
4. **Feed Your Pet Cat Food** – Feeding cats people food can lead to obesity, nutritional deficiencies and disease. While your cat may think differently, tuna and milk are not a complete diet.
5. **Keep Your Buddy Slim** – Animals that are obese are prone to many health problems.
6. **Brush Your Pet's Teeth Regularly** – Cats get dental disease, too, and brushing their teeth can help you avoid large dentistry bills, not to mention bad breath! Even once a week is enough to make a difference. Avoid using human toothpaste.
7. **Utilize Preventive Medicine** – Give your pet monthly flea prevention and hairball medicine twice weekly if needed. Cats that are more prone to urinary tract problems may need to be on a special diet.
8. **Provide a Scratching Post and Trim Your Cat's Nails** – Many indoor cats can be trained to use a scratching post. Trimming nails helps protect furniture and is often a good alternative to declawing.
9. **Keep Your Pet Well Groomed** – Longhaired pets, especially, need regular grooming to keep them from getting painfully matted fur. Overgrown toenails can actually grow into the paw pads. Fleas and ticks can transmit diseases and can also make animals anemic. *New clip Mats with scissors*
10. **Give Your Cat Lots of Love and Attention** – A pet that feels loved and wanted will be your life-long friend!

